

Activity Report

ESC COUNCIL ON HYPERTENSION

FISCAL YEAR 2021 (APRIL 2020 TO MARCH 2021)

Chairperson's Introduction



Prof. Thomas Kahan, FESC

Chairperson of the Council on Hypertension 2020-2022

Due to the covid-19 pandemic the last year has been very different for most of us, the Council on Hypertension included. Nevertheless, I am happy to say that with some adaptations we were able to achieve most of our objectives and provide important activities during the past year to our members and others interested in hypertension and related disease conditions.

The increasing interest in the activities of the Council on Hypertension is nicely shown by the continuous growth in the number of members, now well over 2000 people, and the interest and large attendance to our well received webinars.

Interaction and collaborations with Associations, Councils, and Working Groups within the European Society of Cardiology, and with other societies devoted to hypertension is important. I am pleased to see how this further developed during the last year, where all Board members of the Council on Hypertension and many of our members have contributed substantially. This is promising for the future.

Please be informed that Professor Gianfranco Parati has been appointed official representative of the Council on Hypertension and Associate Editor in Hypertension for the European Journal of Preventive Cardiology as of January 2021. This will provide an opportunity for all of us to submit and disseminate high quality hypertension related scientific contributions.

Highlights from 2020-2021

➔ Membership rose to over 2,000 members by March 2021

➔ Associate Editor in Hypertension: new role in the *European Journal of Preventive Cardiology*

➔ Active in **Scientific Documents** Development

➔ **Four webinars** developed in different areas of hypertension management

Council on Hypertension Nucleus 2020-2022



Thomas Kahan
Chairperson



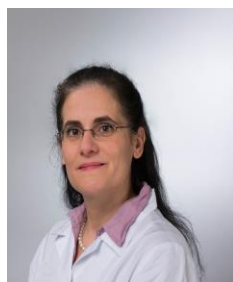
Gianfranco Parati
Chairperson-Elect



Giovanni di Simone
Past Chairperson



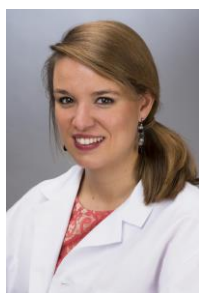
Eva Gerdtz
Treasurer



Isabella Sudano
Secretary



Felix Mahfoud
Liaison Officer



Sofie Brouwers
*Young Community
Officer*

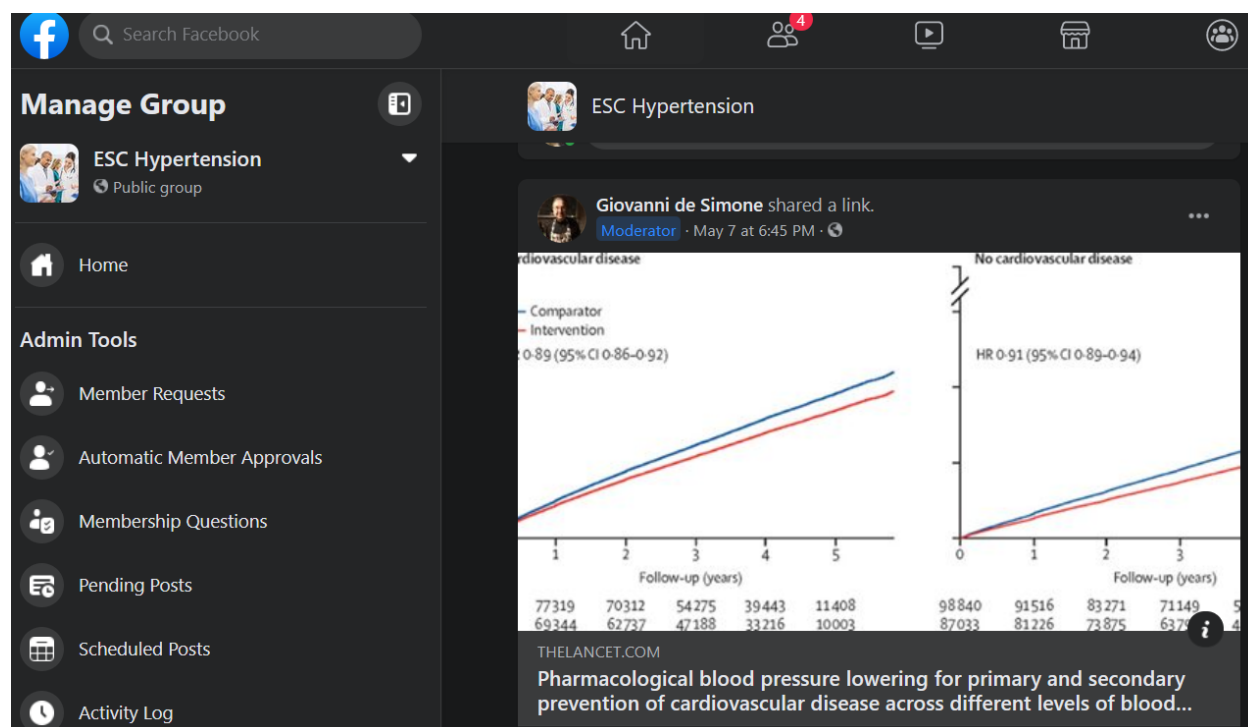


Rosa Maria Bruno
*Communications
Coordinator*

Membership

In March 2021, the Council on Hypertension's membership rose to over 2,000 health professionals from multiple fields.

The Council has continued to reach out to its members via its e-newsletter and to the larger community via the ESC Hypertension Facebook Group and Twitter #ESCHypertension.



Congresses

The Council was involved in developing sessions for the Hypertension topic programme for ESC Congress 2020 and has more recently been active in the proposal of the Hypertension sessions for the upcoming ESC Congress 2021.

The Council had been invited to take part in joint sessions in other ESC subspecialty congresses and external events. Due to the sanitary crisis, some of these congresses were unfortunately cancelled.

Education

Webinars

The Council organised the following webinars in 2020-2021:

Date	Title	Presenters	Host	Attendees
March 2021	Hypertension management in the elderly and frail patient	Isabella Sudano Luigina Guasti	Rosa Maria Bruno	868
February 2021	Sex differences in hypertension	Giovanni de Simone Angela Maas	Eva Gerdt	698
January 2021	Blood pressure measurement at the time of COVID-19. The role of home blood pressure monitoring	Richard McManus Stefano Omboni	Gianfranco Parati	497
May 2020	Translating the hypertension guidelines in our daily practice: a case-based clinical approach	Giovanni de Simone Alexandra Konradi	Marc Ferrini	419



Publications & Scientific Documents

Between 2020 and 2021, the Council published this Consensus Document:

- [Management of patients with combined arterial hypertension and aortic valve stenosis: a consensus document from the Council on Hypertension and Council on Valvular Heart Disease of the European Society of Cardiology, the European Association of Cardiovascular Imaging \(EACVI\), and the European Association of Percutaneous Cardiovascular Interventions \(EAPCI\)](#)
Published April 2020, European Journal of Cardiovascular Pharmacotherapy

The Council also contributed to the following scientific documents:

- [Personalized exercise prescription in the prevention and treatment of arterial hypertension: a Consensus Document from the European Association of Preventive Cardiology \(EAPC\) and the ESC Council on Hypertension](#)
Published March 2021, European Journal of Preventive Cardiology
- [Personalized exercise prescription as a tool for hypertension management and cardiovascular prevention: evidence and pending issues](#)
Published March 2021, European Journal of Preventive Cardiology

The Council is also very pleased to have been invited to nominate an Associate Editor in Hypertension in the *European Journal of Preventive Cardiology*. Professor Gianfranco Parati commenced this role in January 2021.